

## Key Points

Definition of wealth: being “whole and complete, lacking nothing.” And that goes for every area of your life, not just FINANCES.

Intuition is spiritual—you can’t see it. Relying on intuition is a success tool. Connecting to everything that has been and always will be.

Often when a thought comes into our mind, we analyze it and try to figure out what the outcome will be. It leads to analysis paralysis.

The source of your intuition has the job of creating the path for you to achieve your goals and giving you one intuitive lead at a time, which aids you when making decisions. It is your responsibility to take a step when you receive a message/“hit”/lead, or ask for another lead.

You can create the life you want. Get clear on what you want and focus on what you want instead of what you don’t want, you will see your goals manifest in your life.

BECOME AWARE OF YOUR BIRTH RIGHT TO CREATE AND SHAPE YOUR REALITY

Steps to follow:

**Choose your words well.** Don’t talk about what you DON’T want. Describe your goal as if it has already been completed and you have already achieved it. “I am so grateful for my fit, toned, pain-free body that allows me to enjoy activities with my family.” How do you feel, and what are you experiencing? Describe what your life is like after having achieved the goal.

Make a daily ritual to prime your brain for success. These are the 7 Steps;

Set up an area in your home where you can meet with your guiding intuition, HIGHER SELF, GOD, CONSCIOUSNESS, or the UNIVERSE, there isn’t really a name for “all that has been and always will be”.

Each morning for 30 to 45 minutes, this is a goal attainment meeting (steps 1 through 3):

1. Read something inspirational for 5 minutes. This puts you in a receptive mood.
2. In the next 10 minutes, write out a gratitude letter to your "Chief Spiritual Officer" whether that is God, your intuition, the universe, etc. Include first the things you are thankful for, and second the things you want—making sure to write your wants as if you already have them, with gratitude (as mentioned above). Prioritize the goals you will write about so as not to exceed 10 minutes for this step.
3. Read your letter from step 2 out loud. This enables your subconscious and activates your goals in your brain. The affirmations gets into your spirit and your subconscious.
4. Spend 5 minutes visualizing yourself achieving your goals. Close your eyes and see and FEEL yourself in that COMPLETED goal.
5. After this meeting, go on about your day, and expect and watch for leads, BECOME AWARE what kinds of thoughts you have throughout the day. If you get ideas in your head about something or somewhere, pay attention and act on them if you'r intuition guides to do so.
6. If you take the step, celebrate it. Write down demonstrations of the partnership between you and intuition—record the leads you received and the steps you took.
7. At night, write down anything that happened that day that you are thankful for. Say them out loud. Then recite a giving fourth prayer, which is a statement about anything negative like anger, resentment etc. that is taking up space instead of what you want in your life.

The key to this prosperity practice is *repetition*. **Repetition reaps rewards**, so keep your daily goal attainment meeting to no more than 30/45 minutes AND BE CONSISTENT FOR AT LEAST 21 DAYS.

MAGIC HAPPENS, MIRACLES SHOW UP!

## Sample Daily Practice Outline:

**CSO Meeting Agenda: The CSO and I attended the meeting.**    **Date:** \_\_\_\_\_

**6:00am**        **Read** something spiritual and uplifting to put me in a receptive mood.

I read: \_\_\_\_\_

**6:10am**        **Write** out “gratitude statements” in a letter to higher self and include those things that I am grateful for and those that I want as though they are already manifest in my life. (Use the back of the agenda or journal for the the higher self letter)

**6:20am**        **Speak** as I read my letter out loud with emotion.

**6:25am**        **Imagine** and think about and feel grateful for all that I’ve listed as my desires as though I already have them. What does it feel like to have it? How do I look having that thing or experience? At this point, I may hear or feel some guidance from the higher self as a direction to do something. If I do, I’ll write it below:

I do not hear or feel any guidance on a next step to take and that’s OK. If I do feel some guidance, I’ll follow directions or ask for another lead.

**6:30am**        **Meeting adjourned**

**Throughout the day, I do the following:**

**Expect and watch** every moment of the day for a sign or some intuitive direction to take the next step toward my desired good. I won't overanalyze the instructions. I will follow the intuitive leads, flashes, hunches that I received and will list them below:

**Celebrate** and express gratitude in a joyful way when something good happens that is related to what I want. Call a friend, text a relative, etc. to celebrate. I celebrated the good of \_\_\_\_\_, with\_\_\_\_\_.

After celebrating, I **note** the demonstration as a sign that my good is showing up. Nothing is too small. I received the following demonstration today: \_\_\_\_\_